

SUPERVISOR RICH DESMOND

NEWS BULLETIN

Sacramento County Board of Supervisors, District 3



FEBRUARY 2023

Volume 3, Issue 2

IN THIS ISSUE:

- **STORM DAMAGE RELIEF**
- **ANNUAL TROUT FISHING DERBY**
- **POTHOLE REPAIRS**
- **WINTER WEATHER AND THE HOMELESS**
- **COLLEGE SCHOLARSHIPS FOR STUDENTS SEEKING A DEGREE IN BIOMEDICINE**
- **SAFELY GETTING RID OF OILS**
- **NEW YEAR AND NEW POSITION—CHAIR OF THE BOARD**
- **STAYING SAFE DURING THE WINTER WEATHER**
- **LOVE IS IN THE AIR**
- **COMMUNITY HEALTH FAIR**

Supervisor Rich Desmond
Third District
Sacramento County
Board of Supervisors
700 H Street, Suite 2450
Sacramento, CA 95814
richdesmond@saccounty.gov
PHONE: (916) 874-5471
FAX: (916) 874-7593
[Follow Us on Facebook](#)

STORM DAMAGE RELIEF

On January 14, 2023, President Biden made a **major disaster declaration due to the severe winter storms throughout California**. The **U.S. Small Business Administration (SBA) is working with FEMA to offer low-interest loans for businesses and residents in California who have suffered physical damages or economic injury in Merced, Santa Cruz, and Sacramento counties**.

Businesses and nonprofit organizations may be eligible to apply for up to \$2 million to repair or replace damaged or destroyed real estate, machinery and equipment, inventory and other business assets.

SBA also has funds available to businesses and homeowners to assist with the cost of improvements to protect, prevent or minimize disaster damage from occurring in the future. Disaster loans up to \$200,000 are available to homeowners to repair or replace damaged or destroyed real estate. In addition, homeowners and renters may be eligible for up to \$40,000 to repair or replace damaged or destroyed personal property.

To be considered for all forms of disaster assistance, applicants must first contact the [Federal Emergency Management Agency](#). SBA will provide one-on-one assistance to disaster loan applicants. Additional information and details on the location of disaster recovery centers is available by calling the SBA Customer Service Center at (800) 659-2955.

ANNUAL TROUT FISHING DERBY

Enjoy the outdoors and grab a fishing rod on **Saturday, February 18, 2023, for the Annual Trout Fishing Derby at Howe Park**. The Fulton-El Camino Recreation and Park District and the California Department of Fish and Game are hosting the event. The event will be held at the Howe Park Pond at 2201 Cottage Way. Howe Park Pond will be freshly stocked with trout and prizes are awarded for longest and fattest fish.



Youth ages 15 and under will be allowed to enter the fishing area first, and a "Children Only" fishing area will be provided. The event is rain or shine! A fishing license is required for those aged 16 and up, but there is a discounted price for pre-registration. For more information about the fishing derby, contact Jaden with the Park District at 927-3802 ext. 125 or visit the [Fulton-El Camino Recreation and Park District's website](#).

PRIZES AWARDED FOR LONGEST & FATTEST FISH!

ANNUAL TROUT FISHING DERBY
SATURDAY, FEBRUARY 18, 2023

WHO: ALL (FISHING LICENSE IS REQUIRED 16+)
DATE: SATURDAY, FEBRUARY 18, 2023
MORNING: 8:00 - 10:00 AM (SIGN-IN BEGINS AT 7:30 AM)
AFTERNOON: 10:30 AM - 12:30 PM
LOCATION: HOWE PARK POND, 2201 COTTAGE WAY 95825
FEE (PER DERBY): PRE-REGISTRATION: \$4 PER PERSON
\$8 PER HOUSEHOLD
DAY OF REGISTRATION: \$5 PER PERSON
\$20 PER HOUSEHOLD

RODS AVAILABLE FOR LOAN!
UP TO FIVE PEOPLE PER HOUSEHOLD
\$5 FEE FOR EACH ADDITIONAL HOUSEHOLD MEMBER.

YOUTH AGES 15 AND UNDER ENTER AREA FIRST.
CHILDREN ONLY FISHING AREA PROVIDED.
EVENT IS RAIN OR SHINE

FOR MORE INFORMATION
PLEASE CONTACT JADEN AT
(916) 927-3802 EXT. 125
OR JDJELFER@FECRPO.COM

THIS IS NOT A PROGRAM OF THE SAN JUAN SCHOOL DISTRICT AND SAN JUAN ACCEPTS NO LIABILITY OR RESPONSIBILITY FOR THIS PROGRAM.

POTHOLE REPAIRS

The series of storms last month wreaked havoc on our streets! Sacramento County Department of Transportation (SacDOT) crews have been working hard to fill potholes caused by the series of storms. I know filling potholes is not a permanent solution to fix our roadways, but removing these pesky menaces does improve our driving experience and roadway safety in the meantime. Pothole repairs are normally intended to last for many years if the causes of the initial problem are corrected. **Repairing potholes during inclement weather, or when an immediate repair of failed roadway is needed to**

maintain safety, may require the use of softer, temporary materials until a permanent repair can be performed.

The County's policy is to repair all potholes as soon as possible. Since all of our roadways are constructed using asphalt concrete (AC), we use AC to repair the potholes, which is a cost-effective and quick-fix measure for temporary repairs. As filling potholes with AC is a temporary repair, this method has a lower life expectancy. Permanent repairs are the more expensive solution, which includes digging out bad pavement sections to perform base repairs and repaving with AC. Permanent repairs have a design life of 20 years.

In the last two years, the County has dedicated \$62.5 million to address the overwhelming backlog in roadway maintenance in unincorporated Sacramento County. I will continue to fight for more transportation dollars to fix our roads, but in the meantime, I'll keep battling my pothole nemesis. **I need your help to report potholes in your neighborhood and on your daily commute by calling 311 or 875-4311, or reporting online through the [311 website](#).**



WINTER WEATHER AND THE HOMELESS

Throughout the recent storms and during the ongoing cold weather, Sacramento County Department of Human Assistance (DHA) has operated Weather Respite Shelters and aggressive outreach for Weather Respite Motel Sheltering. These programs have been much more successful than in years past to get the unsheltered out of the elements and into a safe space.

The respite motel sheltering program is continuing and will follow the same process DHA used during previous weather events:

1. Trained navigator partners will make contact with those experiencing homelessness that are particularly vulnerable and unlikely to engage in any other programs;
2. Navigators will offer a motel stay and will assist in reserving the space at the motel;
3. Participants in the weather respite sheltering program will work with their referring party on transportation to and from the motel;
4. Participants are allowed to bring partners, pets, and a limited number of possessions with them for the duration of their stay.

Capacity will depend on motel room availability at the County's partner motels – but all available rooms will be used. Participants are expected to follow a code of conduct while guests are in the motel rooms.

In addition to the Weather Respite Motel Sheltering, DHA opened their office located at 1725 28th Street in Sacramento and the 28th Street Annex to act as a Warming Center. During the storms, DHA also opened a temporary shelter at Howe Park and Cal Expo. DHA will continue to monitor the weather to make appropriate extensions as needed.

In coordination with DHA, First Step Communities (FSC) has expanded capacity at the North A Emergency Shelter to help the unsheltered living in the nearby area get respite from the cold. FSC expanded the emergency shelter by an additional 30 beds for the duration of the storms. FSC offers a warm meal, coffee, blankets, and morning snacks for those in the expanded shelter.

COLLEGE SCHOLARSHIPS FOR STUDENTS SEEKING A DEGREE IN BIOMEDICINE

The Jackson Laboratory (JAX) offers a college scholarship program to help underserved students pursue a degree in biomedicine. The [JAX College Scholarship program](#) will award

a \$10,000 scholarship to three graduating high school seniors from Maine, Connecticut, and Sacramento County, California.

JAX is accepting nominations [using this nomination form](#) until February 15, 2023. More information about the scholarship is available [on the website](#).

Applicant criteria:

- Must be nominated by a teacher, administrator, or guidance counselor
- Demonstrate either significant financial need or status as a first-generation college student, including individuals whose parents have not completed a Bachelor's degree
- Applicants must be on track to complete their high school diploma with a cumulative GPA greater or equivalent to 3.5 on a standard 4.0 scale

Dates and deadlines:

- Teacher/counselor nomination deadline: February 15, 2023
- Student application deadline: March 15, 2023
- Scholarships will be awarded in late Spring 2023, before the end of the school year

Please share this opportunity with students!

SAFELY GETTING RID OF OILS

When **used motor oil is poured on the ground or into storm drains, it pollutes our soil and water**. Also, when cooking oil is poured down the drain, it clogs pipes and creates sewer backups (adding soap only helps temporarily).

The [SacGreenTeam at the Sacramento County Department of Waste Management & Recycling](#) wants its customers to know that used motor oil, used oil filters and used cooking oil can safely be recycled and used again. Recycling saves valuable natural resources and protects the health of our community and the environment.

Correctly recycle used motor oil, filters and cooking oil at the curbside for no additional cost, by following the curbside collection set out instructions:

- By 6 a.m., place used motor oil, filters and cooking oil at the curbside at least 3 feet from other curbside carts and 6 feet from stationary objects, on the same day as organics and garbage collection.

- Do not mix motor oil and cooking oil together. Use separate containers for used motor oil and cooking oil.
- Do not mix motor oil with other fluids, such as antifreeze or brake fluid.
- Place used oil in rigid or semi-rigid plastic containers with secure lids (screw-top are best; tape closed) that are:
 - Clear/translucent one-gallon containers, such as milk/juice/water jugs, or reuse the original oil containers.
 - Maximum size is a 5-quart container.
 - Maximum pickup is a total of three gallons per collection.
- For oil filters:
 - Drain the filter of any oil.
 - Put filters in a plastic zip-top bag.
 - Place bag on the ground next to the used motor oil containers.

More to Know about Used Motor Oil!

- Contains contaminants such as lead, arsenic and cadmium
- Is responsible for more than 40 percent of the oil pollution in our country's waterways
- One gallon can pollute one million gallons of drinking water
- It's easy to recycle and can be re-refined into motor or biodiesel oil
- Used oil filters contain about one pound of reusable steel

Residents in Sacramento County can also drop off used oil and filters at no additional cost at a local [Household Hazardous Waste Drop-Off Center](#). Find [Used Oil Certified Collection Centers](#) near you.

NEW YEAR AND NEW POSITION—CHAIR OF THE BOARD

Each year, the Sacramento County Board of Supervisors holds an annual vote to elect a new Chair and Vice Chair of the Board of Supervisors. On our first official board meeting on January 10, I was elected by my colleagues to serve as Chair of the Board. Patrick Kennedy of District 2 was elected Vice-Chair.

I am honored and ready to serve as the 2023 Chair of the Sacramento County Board of Supervisors. I look forward to

the year ahead and working collaboratively with my fellow Supervisors, including the new Supervisor Pat Hume, county staff, and constituents to address the many issues facing our Sacramento County communities.

As Board Chair, I will have several new responsibilities, including presiding over the Board meetings. Below are some of the duties of the Chair of the Board of Supervisors.

- Act on procedural matters or questions
- Recognize a member of the board desiring to speak on an item.
- Manage the Board agenda and public comment.
- Vote on all matters before the Board, participate in discussions relating to any matter, make motions without relinquishing the Chair, and second any motion without relinquishing the Chair.
- Sit on other boards/commissions as a representative of the County of Sacramento and act as the point of contact for questions from the public regarding the meetings (i.e., coordination of resolutions/presentations and general questions not specific to a district, etc.).

The Chair and Vice Chair serve annual terms.



STAYING SAFE DURING THE WINTER WEATHER

During these colder months, it is important to remember to take time to protect ourselves, neighbors and animal friends. Below are some tips to help all of us.

- **Check on elderly family members, friends or neighbors.** Seniors and those with serious medical

conditions are at risk. Check on community members that might be vulnerable to ensure they are safely keeping warm.

- **Heat your home safely - carbon monoxide is a silent killer.** It is not OK to heat the inside of your home with any kind of BBQ, propane heater, or any other fuel-fired equipment due to the risk of carbon monoxide poisoning. Only use heaters installed with your home and those designed to be used indoors. Make sure that your natural gas furnaces and other appliances are in good, clean working order.
- **Bring your pets inside when temperatures start to dip near freezing.** Make sure dogs and cats have a warm, draft-free place indoors with a dry mat or blanket that they can lie on. For additional winter weather tips for animals, [check out the Bradshaw Animal Shelter's website](#).
- **Insulate outdoor pipes that lead into your home to prevent freezing.** Seal with caulk around the pipes that lead into and out of your home. Inside your home, leave the bathroom and under-sink cabinets open to help warm the water. If your pipes freeze, leave your tap on and call a plumber. You can defrost your pipes using a hairdryer on a low setting, working your way slowly from the faucet to where your pipe enters the wall. County residents who need to have their water turned off in order to make repairs to their lines [can go online](#) or call 311 (or 916-875-4311 if calling from out of the area).
- **Ensure proper drainage by scooping up leaves and debris.** Keeping storm drains clear can prevent street flooding and black ice from forming.
- **When raining, reduce your vehicle speed.** **Wet** roads increase the distance and time needed to stop your vehicle. Be extra cautious on roads, bridges and overpasses when temperatures are 32 degrees or below due to black ice – slow down and give yourself extra spacing between vehicles in front of you.
- **Watch for tree limbs.** As temperatures dip, trees become vulnerable to limbs snapping. For downed trees or branches in the roadway, County residents [can go online](#) or call 311 (or 916-875-4311 if calling from out of the area).
- **Prepare for wind.** Secure yard items that may blow around and be prepared for the possibility of loss of power. For downed power lines, stay away and call 9-1-1 immediately.
- **Sign-up for Emergency Alerts.** This system alerts residents about emergency events and other important public safety information quickly in a variety of situations, such as severe weather, unexpected road closures, missing persons and evacuations of buildings or neighborhoods.
- **Where to get help.** Call 211 in Sacramento or [go online](#) for information on emergency shelter services.

Learn more about how to stay safe during fog and cold weather on the [Sacramento Ready website](#).

LOVE IS IN THE AIR

February is always a special month and a reminder to express affection, whether romantic or friendship. There are a few activities this month for seniors and the whole family to enjoy time together.

Senior Valentine's Dance

What better way to celebrate Valentine's Day than by dancing the day away! Enjoy live music from the Kiwanis Swing Band and light refreshments. Invite your partner or a friend to this new event!

- **Date:** Saturday, February 11, 2023
- **Time:** 1:30-3:30pm
- **Fee:** \$5/per person. **50% of the proceeds go to Kiwanis Club of Carmichael*
- You can pre-purchase tickets online, or purchase them at the door with cash only.
- **Location:** La Sierra Community Center - John Smith Hall: 5325 Engle Rd. Carmichael, CA 95608



Carmichael Recreation & Park District

Senior Valentine's Dance

DATE:
Saturday, February 11, 2023

TIME:
1:30 - 3:30PM

FEE:
\$5 Per Person
50% of the proceeds go to Kiwanis Club of Carmichael

Enjoy live music from the Kiwanis Swing Band and light refreshments. Invite your partner or a friend to the party!

La Sierra Community Center
5325 Engle Rd. Carmichael, CA 95608




Cupid's Family Shuffle

The whole family can enjoy an evening out at the Mission Oaks Community Center for a dance. The evening will include a DJ, 360 photo booth and desserts!

- **Location:** Mission Oaks Community Center - 4701 Gibbons Drive, Carmichael 95608
- **Fee:** \$20 per family
- **Date:** Saturday, February 11, 2023
- **Time:** 5:30 p m - 7:30 pm

A promotional poster for a family dance event. The background is white with a light pink floral pattern. At the top center is a red silhouette of Cupid with wings and a bow, surrounded by several red and white hearts. The text is in various shades of red and pink. The title 'Cupid's Family Shuffle' is in a large, cursive font. Below it, 'Come one, Come all' is in a bold, sans-serif font. The phrase 'Meet us for the dance of a lifetime' is in a cursive font. The event details are listed in bold, sans-serif fonts: 'FAMILY DANCE', '\$20 PER FAMILY', 'FEBRUARY 11, 2023', and '5:30 PM'. Below that, 'DJ, PHOTOBOOTH, AND DESSERT PROVIDED' is in a bold, sans-serif font. The location 'Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael 95608' is in a smaller, sans-serif font. The registration information 'Register online at MORPD.com' is in a bold, sans-serif font. At the bottom, there is a small logo for Mission Oaks and a disclaimer: 'This is not a program of the San Juan Unified School District and San Juan accepts no liability or responsibility for this program'.

Cupid's Family Shuffle
Come one, Come all
Meet us for the dance of a lifetime

FAMILY DANCE **FEBRUARY 11, 2023**
\$20 PER FAMILY **5:30 PM**

DJ, PHOTOBOOTH, AND DESSERT PROVIDED

Mission Oaks Community Center
4701 Gibbons Dr., Carmichael 95608

Register online at MORPD.com

Mission Oaks
Community Center

This is not a program of the San Juan Unified School District and
San Juan accepts no liability or responsibility for this program

COMMUNITY HEALTH FAIR

Please join us Sunday, February 5, 2023 from 10am to 2pm at St. Philomene's School located at 2428 Bell Street, Sacramento for a Community Health Fair hosted by the Latino Leadership Council. There will be activities for youth, face painting, a food truck, nutrition demonstration, blood pressure exams, COVID-19 vaccines and booster, flu vaccines and more!

Register [here](#) for a COVID-19 vaccine or booster.

For more information, contact Maria Uribe at (916) 384-6561.



Community Health Fair

Activities for youth, face painting, food truck, nutrition demonstration, blood pressure exams, COVID-19 vaccines and boosters, flu vaccines and more!

FEBRUARY 5, 2023 | 10AM - 2:00PM
2428 BELL STREET, SACRAMENTO, CA 95825

**FOR MORE INFORMATION, CONTACT:
PROMOTORA MARIA URIBE AT (916) 384-6561**

This health event will feature activities for youth, face painting, a nutrition demonstration and samples, a food truck, Covid-19 vaccines and boosters, flu vaccines and various other resources to support community health sponsored by the Latino Leadership Council in collaboration with:

   

Visit <https://bit.ly/3jS2mHn> to register for a Covid-19 vaccine and booster