



# pat hume

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## COUNTY SUPERVISOR

*"Do. Or do not. There is no try." – Yoda*

Whew. It has been hot, and we have been busy! It's often difficult to reflect back on the month since the last newsletter and glean important bits to share. The variety of issues the Board of Supervisors and our staff work on is so very wide and the time goes by so quick, I can hardly believe another month has passed. So many of you comment on how much you enjoy receiving these updates that I want to be sure and provide useful information.

I guess I'll start with my most recent first: I had the opportunity to give my first State of the County speech at the Elk Grove Chamber of Commerce luncheon. In it, I highlighted work on five of my top priorities: homelessness, crime, roads, flood response and something most of us, including myself prior to assuming this role, don't even know is a problem.

You may recall in last month's edition, I wrote about Ambulance Patient Offload Time, or APOT – commonly referred to as "wall time" - a serious issue for our emergency departments and our first responders. I was fortunate enough to take part in a productive convening of every fire agency and health care system in the region on the matter recently. It was a productive first step and I am committed to sticking with this issue to ensure we correct a failing system so that everyone receives the care they need when they need it, the burden on our emergency rooms is relieved and our first responders are freed up and available for the next emergency call.

Another first, I recently co-hosted a community meeting on transportation with my colleague Supervisor Rich Desmond. It was a great turnout and people seemed thankful to receive an update on our efforts as well as our hurdles. We are currently planning more community meetings throughout the District so if I haven't been to your neighborhood yet, we will be somewhere close soon.

I will be in Herald on August 23rd, the Delta region on September 13th and Mather on September 25th. Make sure to check my official [County Supervisor Facebook page](#) for more information and to stay up to date on all things District 5.

As always, if you know someone else who would like to read these newsletters, please forward this on to them so that they can subscribe.

**PAT**

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**In the August Issue:**

- **State Fair & County Agriculture**
- **Alchemist Academy**
- **Safety in High Temps**
- **Out & About in District 5**
- **Upcoming Events**

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## **State Fair & County Agriculture**

## Agriculture in Sacramento is not just for the State Fair

Summer brings high temperatures and the State Fair to Sacramento. Many of us enjoyed the July traditions of walking through Cal Expo, riding the Tilt-a-Whirl, eating a jumbo corndog or a bacon wrapped corn cob on a stick, and maybe even some cow milking. The State Fair is also a celebration of all that agriculture brings to our communities.

California's first state fair was held on October 4, 1854, in San Francisco and was hosted by a different city each year until it came to Sacramento in 1961, where it has stayed to this day. As far back as that first year, the state fair has been the place to go where folks who lived in big cities or small farms could come to see livestock, exhibits of agriculture, and agricultural products from across California. In more recent history, the exhibition has come to highlight each counties' local pride.





California State Fair Farm experience with vegetable plants, sprinkler system and visitors.

From really big pigs to blue ribbon jams, jellies and wine, our County has much to be proud of too.

In our most recent annual *County Crop & Livestock Report*, Sacramento County's farmgate was \$568 million, an increase in 2021 of 20% over the prior year. Wine grapes were once again our highest valued commodity at \$454.7 million, outpacing milk as our second highest valued commodity at \$204.4 million.



Many of my favorites and maybe yours also realized great growth in demand, with cherries up in value by 63%, tomatoes (for processing) up 45%, and almonds up 35%.

Our top five exports are almonds, walnuts, pears, yams and American hazelnuts. It is hard to imagine the reach of our locally grown bounty but consider what 133

million pounds of almonds look like, or 2.6 million pounds of walnuts, or 1.8 million pounds of pears.



Well, 133 million pounds of almonds would look something like 33,250 small elephants marching out of Sacramento County to destinations far and wide.

Sacramento County exports these commodities and many more to 60 countries including India, China, Hong Kong, French Polynesia, United Arab Emirates, Mexico, Turkey, New Zealand, Morocco and Canada. My wife and I dearly love to travel and explore other cultures but cannot begin to say we're likely to collect all these stamps in our passports.

While the State Fair is over for another year, our agricultural bounty remains plentiful. Get out to a Farmers Market near you, enjoy all the flavors

that abound us, and please say thank you to our local farmers, ranchers and vintners. In our County, you can visit many Farmers Markets year-round or at least until Thanksgiving.

## Sacramento County Farmers Markets

### **MONDAY**

Kaiser Permanente, Point West  
1650 Response Road, Sacramento  
9:30 am – 1:30 pm, year-round

### **TUESDAY**

Fair Oaks Farmers Market  
11549 Fair Oaks Boulevard, Fair Oaks  
8:00 am – 1:00 pm, year-round

### **WEDNESDAY**

Capitol Mall CFM  
600 Capitol Mall, Sacramento  
9:00 am – 1:00 pm, June – September

### **THURSDAY**

Florin Sears CFM  
5901 Florin Road, Sacramento  
8:00 am – Noon, year-round

Orangevale Farmers Market  
6826 Hazel Avenue, Orangevale  
3:00 – 8:00 pm, May – October

Sutter Medical Center  
2825 Capitol Avenue, Sacramento  
3:00 – 6:00 pm, year-round

### **FRIDAY**

Kaiser Permanente, Morse Avenue  
2025 Morse Avenue, Sacramento  
9:30 am – 2:00 pm, year-round

### **SATURDAY**

Natomas Regional Park  
2601 New Market Drive, Sacramento  
8:00 am to Noon, May – September

Country Club Plaza CFM  
2400 Butano Drive, Sacramento  
8:00 am to Noon, year-round

Historic Folsom Farmers Market  
915 Sutter Street, Folsom  
8:00 am to 1:00 pm, year-round

Laguna Gateway CFM  
8245 Laguna Blvd., Elk Grove  
8:00 am to Noon, year-round

Midtown Farmers Market  
20<sup>th</sup> St. between J & K St., Sacramento  
8:00 am to 1:00 pm, year-round

Sunrise Light Rail CFM  
11164 Folsom Blvd., Rancho Cordova  
8:00 am to Noon, year-round

Sunrise Mall Farmers Market  
6401 Sunrise Blvd., Citrus Heights  
8:00 am to 1:00 pm, year-round

Greenhaven-Pocket-Land Park  
Farmers Market  
6466 Riverside Blvd., Sacramento  
8:00 am to Noon, May – November

### **SUNDAY**

Carmichael Park Farmers Market  
5750 Grant Avenue, Carmichael  
9:00 am to 2:00 pm, year-round

Oak Park Farmers Market  
3500 5<sup>th</sup> Avenue, Sacramento  
8:00 am to 1:00 pm, May – October

Central CFM  
1689 Arden Way, Sacramento  
8:00 am to Noon, year-round

Old Town Elk Grove Farmers Market  
9615 Railroad Avenue, Elk Grove  
8:00 am to 1:00 pm, May – November

William Land Park CFM  
17<sup>th</sup> Ave. & Sutterville Road, Sacramento  
8:00 am to 1:00 pm, year-round

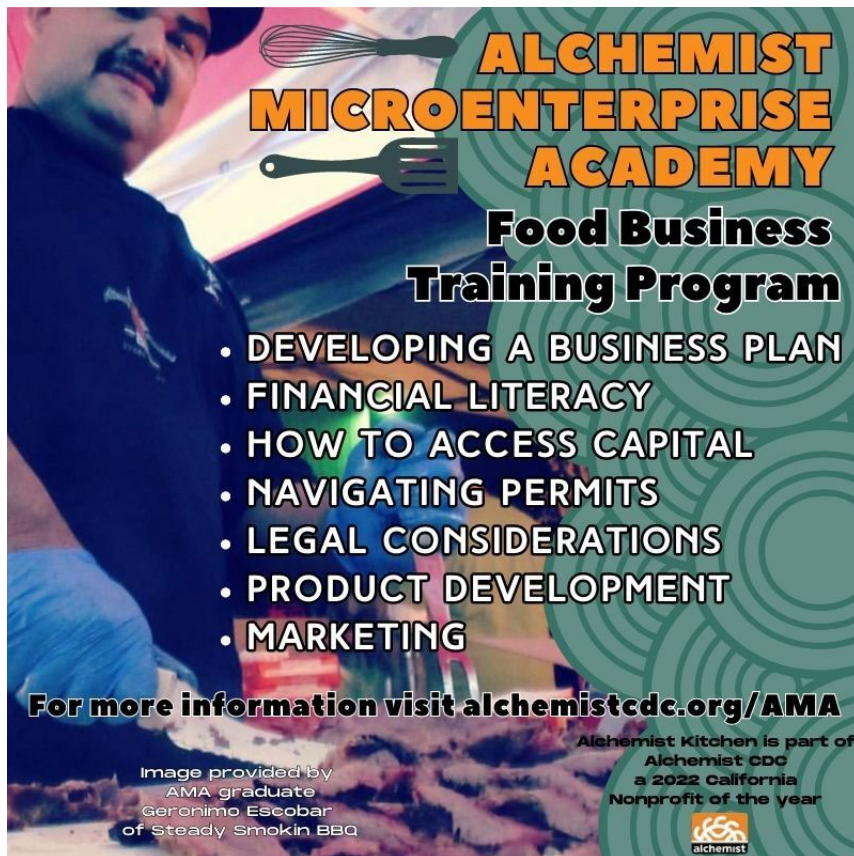
Mark your calendars to ensure you can also enjoy Folsom's Peach Festival or Sacramento's Banana Festival in August, Sacramento's Farm-to-Fork Festival in September and next year, the Historic Florin Town's Strawberry Festival in June

and Courtland's Pear Fair in July. It doesn't grow on trees, bushes or vines, but you might also want to mark your calendar for Sacramento's Grilled Cheese Festival in April next year.

## Alchemist Academy

Alchemist Community Development Corporation (CDC) is kicking off their 9<sup>th</sup> academy with open applications until August 20<sup>th</sup>. The Alchemist Microenterprise Academy (AMA) is a 12-week business training course designed to provide budding entrepreneurs with the fundamentals of starting and growing a food business in the greater Sacramento region.

The program is especially for those who are from low-income backgrounds or under-resourced communities. AMA covers important topics such as business financing, permitting, marketing, developing a business plan, and so much more to help entrepreneurs start and grow successful food businesses.



**ALCHEMIST  
MICROENTERPRISE  
ACADEMY**


**Food Business  
Training Program**

- DEVELOPING A BUSINESS PLAN
- FINANCIAL LITERACY
- HOW TO ACCESS CAPITAL
- NAVIGATING PERMITS
- LEGAL CONSIDERATIONS
- PRODUCT DEVELOPMENT
- MARKETING

**For more information visit [alchemistcdc.org/AMA](https://alchemistcdc.org/AMA)**

Image provided by  
AMA graduate  
Geronimo Eseobar  
of Steady Smokin BBQ

Alchemist Kitchen is part of  
Alchemist CDC  
a 2022 California  
Nonprofit of the year



The Fall 2023 program is limited to 20 participants. Classes are mostly held on Zoom with loads of opportunity to ask questions and engage with a dynamic community of like-minded entrepreneurs, staff, and expert guest speakers.

Completing AMA is the prerequisite to apply for the Alchemist Kitchen Incubator Program (AKIP) where qualifying food businesses receive up to five years of

one-on-one mentorship too.

Since AKIP began three years ago, it has grown to 24 businesses whose products can be found in 20 area stores; six different farmers markets; and in partnerships with cafes, restaurants, sporting events, and festivals that stretch beyond the 916 area code.

The in-depth program is full of information and AMA graduates are also eligible to benefit from the future [Alchemist Public Market project](#).

To apply, consider participating in an AMA Information Sessions held live-on-Zoom on Tuesday August 8th and 14th from 6:00 -7:00 p.m. A pre-recorded, on-demand information session is also available for viewing any time before August 20th. These Information Sessions will explain the program and how to apply. It is mandatory to attend either a live-on-Zoom or complete the on-demand AMA Information Session in order to apply for the program.

Prospective applicants can RSVP for one of the live-on-Zoom AMA Information Sessions at <https://amafall23info.eventbrite.com/>. The on-demand Information Session can be accessed at: <https://alchemistcdc.org/ama/>

Don't forget the deadline for applications is August 20th!

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## Safety in High Temperatures



*Blue sky with sun and thermometer at 100 degrees*



The summer months surely are upon us and we've already experienced multiple days of intense heat with temperatures rising over 100 degrees. In the month of August, forecasts are for 21 days over 90 degrees and 9 days over 95 degrees.

Some of our neighbors, friends and family members may be exceptionally affected by extreme heat. Particularly vulnerable are older adults, infants and children, pregnant women, folks with chronic conditions, outdoor workers, athletes, and those with chronic conditions. If you or someone you know falls into one or more of these categories, please be mindful of symptoms of heat related illness and look out for one another.

The County of Sacramento, through its Department of Human Assistance, activates cooling centers in response to extreme weather. These centers are located throughout the County with varying hours. Local libraries and City Halls are also resources to look to for cooling centers. Be sure to check 2-1-1 and [211sacramento.org](http://211sacramento.org) for daily, updated information.

Stay hydrated and stay cool. Call 911 if a person is showing signs of Heat Stroke including confusion, dizziness, or becomes unconscious. Move the person to a cooler area, loosen clothing and remove extra layers, and cool with water or ice. Heat stroke can be life threatening.

Heat Exhaustion	Heat Stroke
<b>ACT FAST</b> <ul style="list-style-type: none"><li>• Move to a cooler area</li><li>• Loosen clothing</li><li>• Sip cool water</li><li>• Seek medical help if symptoms don't improve</li></ul>	<b>ACT FAST</b> <b>CALL 911</b> <ul style="list-style-type: none"><li>• Move person to a cooler area</li><li>• Loosen clothing and remove extra layers</li><li>• Cool with water or ice</li></ul>
<i>Dizziness</i> <i>Thirst</i> <i>Heavy Sweating</i> <i>Nausea</i> <i>Weakness</i>	<i>Confusion</i> <i>Dizziness</i> <i>Becomes Unconscious</i>
<i>Heat exhaustion can lead to heat stroke.</i>	<i>Heat stroke can cause death or permanent disability if emergency treatment is not given.</i>

NOAA CDC NIOSH Stay Cool, Stay Hydrated, Stay Informed! STAY COOL

Pets are also highly susceptible to heat and dehydration so make sure to keep them out of the intense sun and always provide access to fresh, clean water.

**HOT WEATHER SAFETY TIPS FOR PET OWNERS**

**TIP 1: PROVIDE LOTS OF WATER**  
Give your pets plenty of fresh, clean water.

**TIP 2: EXERCISE DURING COOLER TEMPERATURES**  
Don't exercise your pets in high temperatures or when the pavement is hot.

**TIP 3: BRING PETS INSIDE**  
Avoid extreme heat and heat related illnesses like heat stroke and heat exhaustion by bringing pets indoors.

**TIP 4: NEVER LEAVE A PET IN A PARKED CAR**  
Never leave a pet in a parked car, even for a short time. On a mild 80-degree day, the temperature inside a car can reach 100 degrees in less than 10 minutes and can be fatal.

LEARN MORE AT [ANIMALCARE.SACCOUNTY.NET/PAGES/HOTWEATHERPETTIPS.ASPX](http://ANIMALCARE.SACCOUNTY.NET/PAGES/HOTWEATHERPETTIPS.ASPX)

Symptoms of overheating in pets can include excessive panting, increased heart or respiratory rate, drooling, mild weakness or collapsing.

Certain breeds of pets, such as pugs and Persian cats, and pets that are elderly, overweight, or have heart and lung diseases are more at risk of overheating.

Be on the lookout for emergency warnings related to

excessive heat and more. Sacramento County posts updates on their [social media pages](#). You can also visit [SacramentoReady.org](http://SacramentoReady.org) for more information from the Office of Emergency Services and to sign up for Emergency Alerts.

To connect with community services, you may also:

**Click:** <https://www.211sacramento.org>

**Call:** Dial 2-1-1 or 1-916-498-1000 or 1-844-546-1464 (toll-free)

**Email:** [info@211sacramento.org](mailto:info@211sacramento.org)



## Out & About in District 5



*My colleague, Supervisor Rich Desmond and I, cohosting a community meeting with staff from the Department of Transportation at the Rancho Cordova Library on July 18th.*

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*On July 21, I presented my State of the County speech at the Elk Grove Chamber of Commerce Luncheon. Photo: left to right, Daniel Washington (with Senator Angelique Ashby's Office), Mayor Bobbie Singh-Allen, Kimo Zamora, me, Councilmember Rod Brewer, Councilmember Kevin Spease, and Vance Gerrard.*



*Photos: Clockwise, Lisa and me enjoying the 4th of July celebrations dressed up and on our bicycles. Cosumnes Fire Chief Felipe Rodriguez and me at the Elk Grove 4th of July Celebration in Elk Grove Regional Park. The Galt Youth Baseball and Softball teams with me in the Independence Day Parade in Galt on July 1. Veterans of Foreign Wars on their float in the Rancho Cordova 4th of July Parade.*

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*Me and Lisa with Rae & Ed Primasing, and Mike Campbell under the big tent at the Pear Fair in Courtland.*

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*National Night Out in northern District 5, was an exciting evening talking with people in their neighborhoods. Photos clockwise: Julie & Thomas Steinbach, Bill Simmons with Community Prosecutor Lauren Miller, CHP, Sheriff's Deputies, Rancho Cordova Police, Rancho Cordova Police Chief Brandon Luke, and CHP East Commander Brian Maynard. POP Sgt. Ralph Garcia and me. CHP East Command and me. Karen Shipley, Karl Haas, Mayor Linda Budge, City Manager Micah Runner and neighbors on West La Loma Drive. Chris Russell, Micah Runner, and Mayor Budge on Mira River Court.*

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## **Upcoming Events**



43rd Herald Day & 2nd Annual Car Show

# HERALD DAYZ & HERALD NIGHTZ

August 5, 2023

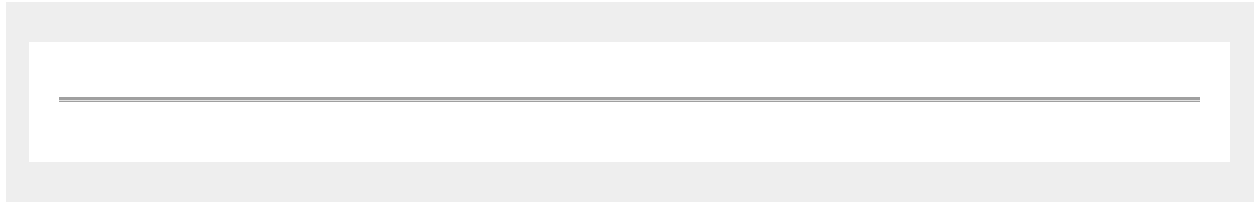
## Schedule of Events

Car Show Line up	7AM
Parade check-in	8AM
Petting Zoo	8AM to 12PM
Parade Start	9AM
Canning/Baking Entry Deadline	10AM
Horseshoes Sign-up	10:30
Horseshoes Start	11AM
Live Auction	11AM
Music In the Park	1PM

Craft Vendors, Food, Beer, Bingo

ALL DAY!

*Herald Days on August 5 will include a car show, parade, petting zoo, canning and baking contest, horseshoes, a live auction and music in the park. Craft vendors, food, beer and Bingo will be featured all day at Herald Community Park off Twin Cities Rd.*





# HERD FEST

**Saturday, August 5, 2023**

Mosey on over to the 4th Street Promenade from 9:00 a.m.- 2:00 p.m. Enjoy a day filled with Shopping, Kids Petting Zoo, Live Music by The Travelers Band, Local business resources and view Galt's grazing cows!



Full Listing of Saturday Market at [www.cityofgalt.org](http://www.cityofgalt.org)  
Become a Vendor - Contact [JGarcia@CityofGalt.org](mailto:JGarcia@CityofGalt.org)



Herd Fest on Saturday, August 5 from 9:00 am to 2:00 pm will include shopping, kids petting zoo, live music, and local business resources.



**Friday Night  
CONCERTS**

Showtime:  
7 p.m. Friday Nights in August  
Village Green Park  
**FREE ADMISSION**  
Food trucks open at 6:30 p.m.

**August 4: The Aces**  
**August 11: Groove Thing**  
**August 18: Power Play**  
**August 25: Neon Playboys**

For more information about upcoming movies, concerts, and other community events go to [cordovacouncil.org](http://cordovacouncil.org)

Friday Night Concerts at Village Green Park in Rancho Cordova on August 4th with The Aces, August 11 with Groove Thing, August 18 with Power Play and August 25 with Neon Playboys.

**MONTHLY EVENT**

ELK GROVE  
**CHAMBER**  
OF COMMERCE



**MIX  
IT UP**

**5:30pm to 7pm**  
**August 15, 2023**  
**Bruceville Point**  
**9730 Backer Ranch Road**



**BRUCEVILLE  
POINT**

*A tenfold Senior Living Community*

*Elk Grove Chamber of Commerce Mix It Up on August 15 from 5:30 to 7:00 pm at Bruceville Point, 9730 Backer Ranch Road, Elk Grove.*



**FREE FUN\***

Event opens at 7pm  
Movie starts at 8pm

Bring low back chairs and blankets for seating.

Food available for purchase at most events.

elkgrovecity.org/fridaysinthegrove

Free movie Fridays in the Grove with LUCA on August 18. Event opens at 7 pm, movie starts at 8 pm.



## The Rancho Cordova Luncheon



Our visits with new faces among elected officials continues...

The Rancho Cordova Luncheon welcomes **Sacramento County Fifth District Supervisor Pat Hume** to the podium to share news from the Sacramento County Board of Supervisors. Be sure to register early!



Hume served on the Elk Grove City Council for 16 years before his election last fall to the Board of Supervisors, succeeding longtime supervisor Don Nottoli.

This month's luncheon host is MOD Pizza, and guess what's on the menu? Come and enjoy your favorite pizza and salads while getting to know the folks at the Rancho Cordova MOD!

[Click here to register for lunch!](#)

**Great people. Great food. Great speaker!**

Doors open at 11:30 a.m. for the buffet, and program begins at noon. Get your tickets now for another great Rancho Cordova Luncheon – meeting the third Friday of the month since 1959!

County Supervisor Pat Hume will be the keynote speaker at the Rancho Cordova Luncheon on Friday, August 18 from 11:30 am to 1:00 pm at 2729 Prospect Park Drive, Suite 117 in Rancho Cordova. [Click the picture to register online.](#)

# Good News!

Many doctors offer free vaccinations to families without insurance.



*You can keep your child up to date on their vaccines, even if you don't have health insurance! There's a special program called Vaccines for Children that may help eligible children. Find a provider near you today. #DontWaitVaccinate <https://eziz.org/vfc/provider-locations/>*

Links starting with "https://lnks.gd/!" in this established County Communication channel are safe.

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