



"November is a month of transformation and preparation." – Catherine Pulsifer

Fall is a time when many trees have their last show of triumph before they shed the leaves that will no longer serve them and prepare to store their energy while waiting for the new growth that will soon come. Coupled with spring, it reveals that cyclical nature of life in spectacular fashion. With the clocks turned back now, our earlier morning light allows for enjoyable drives along some less frequently beaten paths and possibly some amazing views of the sand hill cranes.

It's also when rain begins to fall in earnest, which makes me think of the irony of all the water work I do as part of this job. Obviously, my first days in office were marked by massive flooding along the Cosumnes River – too much water. Earlier this week, I participated in a groundwater sustainability meeting where we plan for how to recharge a depleting aquifer – not enough water. We are nearing the end of the disruption for the installation of the Harvest Water project to reuse treated water – how precious water is. And then, of course, there is the fight to pursue smarter solutions than the proposed Delta Tunnel – water is vital to all life.

As I am writing this intro, I am listening to a Zoom seminar on Flood-MAR, a discussion of the different tools coming together to address many of the threats we face with the idea of flattening the spikes and valleys of water supply and creating sustainability for the longer term. Like so many systems this job requires me to confront on a near daily basis, the factors are complex, the solutions require competing and elusive constituencies working together, and the whole system

itself resists change - even when it is agreed said change would be an improvement.

As I have said before and will likely say again, most days I am pushing a boulder uphill and hoping it doesn't roll back over the top of me. This is the work I'm honored to be doing in communities my family calls home as do the people I'm elected to represent.

A few weeks back, we were up in Alpine County celebrating my wife, Lisa's birthday and we took a drive down into the County seat – Markleeville, population 210. We stopped into the local watering hole and saddled up to a couple of well-seasoned locals. After a bit of small talk, it came out that we were from Elk Grove and that they spend winters in Florin. I commented that not many people these days refer to Florin as a location, to which our newly made acquaintance, Beth, responded that her family had been there for generations. In fact, she said, her great-great-grandfather was a Sacramento County Supervisor. Imagine her surprise when I reached in my pocket to pull out a business card and introduce myself more fully. Serendipity and providence are real.

Enjoy the leaves, welcome the rain, eat some soup. Speaking of which, food banks could really use some help right now and you'll see how you can make a difference in this issue. We have much to be grateful for this Thanksgiving and so much more we can do to help one another.

As always, please share this newsletter with a friend or neighbor and encourage them to <u>subscribe</u> for future newsletters or check out my Facebook page <u>here</u>.



### **Supervisor Pat Hume**

Sacramento County Supervisor District 5

700 H Street, Suite 2450 Sacramento, CA 95814 **916-874-5465** 

PatHume@saccounty.gov

#### In the November Issue:

- Giving Back This Season: Supporting Local Food Banks and Our Community
- Sand Hill Cranes

- Out & About in District 5
- Upcoming Events

## Giving Back This Season: Supporting Local Food Banks and Our Community

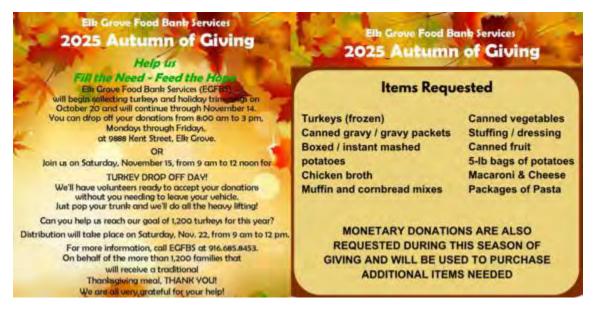
As the season of giving approaches, there's no better time to come together as a community to support those in need and to celebrate the people and places that make our county special.

Local food banks and community pantries continue to be a lifeline for families across the county. Over the holiday season, these organizations can use a little extra support to ensure that no one in our community goes hungry.

In District 5, organizations like the Rancho Cordova Food Locker, Elk Grove Food Bank, and the Sunshine Food Pantry in Galt provide critical assistance to thousands of local residents. From distributing fresh produce and pantry staples to

connecting families with important community resources, these programs make a meaningful difference every day.

The <u>Elk Grove Food Bank</u> is offering expanded service hours this November to meet growing demand and will host its annual turkey drive to help spread holiday cheer and allow more families to enjoy a traditional Thanksgiving meal.



The <u>Rancho Cordova Food Locker</u> has also expanded their hours, offering food three days a week and will be hosting a Holiday Protein Food Drive on Saturday, November 8th at the Cordova Neighborhood Church.



In the Galt and south county area, the <u>Sunshine Food Pantry & Resource</u>
<u>Center regularly offers food distribution and South County Services</u> is providing emergency food assistance.

In the Rosemont area, <u>Atonement Lutheran</u>
<u>Church and Elevation of the Holy</u>

Cross both operate food closets to assist local residents in need. To help support their increased demand, the Rosemont Community Association is hosting a community food drive, a great opportunity for neighbors to come together and lend a hand close to home.

Most local food banks require a form of identification and serve specific ZIP codes to help distribute assistance efficiently. Please visit each food bank's website for current hours and requirements, as many have adjusted schedules to meet growing demand.



Alongside these programs, <u>Meals on Wheels</u> continues to serve older adults across the county with home-delivered meals and wellness checks. For a more complete list of food assistance programs, please dial <u>211</u> to find help in your area.

To help do my part, I have recently directed some community funds towards these local food banks to help meet the increased demand for services and continue their mission of providing nutritious food to those in need.

For those looking to also help make a difference, food banks always appreciate nonperishable staples like canned goods, pasta, cereal and granola bars. However, monetary donations often have the biggest impact. Food banks can stretch every dollar much further by purchasing food in bulk and leveraging partnerships with regional suppliers, meaning your contribution can provide multiple meals for local families.

There are also plenty of fun ways to give back this season. The 5K events like Sacramento's <u>Run to Feed the Hungry</u>, the <u>Rancho Cordova Holiday PAL Run</u>, and the <u>Chicks in Crisis Gobble Wobble</u> offer great opportunities to stay active while supporting a good cause.

As you prepare for the holidays, I also encourage you to shop local whenever possible. Supporting our locally owned shops, wineries, farms and restaurants keeps your dollars right here in the community thus sustaining jobs and nurturing the small businesses that give each neighborhood their unique character. Whether you're picking up a gift from a local shop, choosing local produce for your holiday meals, or enjoying a glass of wine from a nearby winery, these small choices can help make a big impact.

You'll find plenty of ways to shop local this season. Many communities across District 5 are hosting various holiday markets, craft fairs, and small business events where residents can find one-of-a-kind gifts and locally made goods. Some of my favorites include the Elk Grove Fine Arts Center's <a href="Small Treasures Show">Small Treasures Show</a>, the Rancho Cordova <a href="Holiday Craft Fair">Holiday Craft Fair</a>, and the Galt <a href="Saturday Markets">Saturday Markets</a>.

Local farms and wineries often offer seasonal produce boxes, wine tastings and gift baskets that make great holiday presents while showcasing the best of our county's agriculture. Even choosing to dine out at a neighborhood restaurant or grab coffee from a local café helps keep our local economy strong.

Wishing everyone a season of generosity, connection and community spirit.

#### **Sand Hill Cranes**

If you've spent any time outdoors in the last few days you will undoubtably have noticed that most annoying of seasonal visitors to Sacramento County, the mosquito! The early rain we received coupled with our recent warm weather created a perfect breeding ground for these pests. Fingers crossed that the cooler weather on the horizon will take care of this unwelcome visitor for the rest of the year!



But, another much more welcome guest has returned to our region in full force, the Sandhill Crane. Each autumn, residents of Sacramento County can look forward to the return of this majestic bird, known for their distinctive red crowns and graceful courtship dances. This elegant bird's annual migration marks a much-cherished tradition for

birdwatchers and nature enthusiasts alike.

The Sandhill Crane typically make an appearance between late September and early October, their arrival heralded by their distinctive bugling calls, often heard before the birds are spotted soaring overhead. By the end of December their numbers have peaked until their natural migration continues further south in February. More than 5,000 cranes can be seen feeding and roosting in the stubble of harvested grain fields in the southwest areas of Sacramento County, most easily in the early mornings and late afternoons when the birds are most active. For best viewing, consider bringing binoculars, a warm jacket and respect for the wildlife viewing guidelines that help ensure a safe and enjoyable experience for us all.

Your best bet for viewing these iconic birds can be found at these local favorite locations:

#### **Cosumnes River Preserve**

Explore via the trails – The Preserve's Wetlands Walk trail and adjoining boardwalk feature ideal habitat for viewing cranes and waterfowl.

Explore by car – View the Sandhill Cranes along Desmond Road. The best chances for sightings occur at dawn and dusk.

# Stone Lakes National Wildlife Refuge

Another excellent site for spotting

cranes and other waterfowl, this urban wildlife refuge is home to both local and migratory birds and is conveniently located close to the city limits and freeway access.

## Woodbridge Ecological Reserve

Also known as the Isenberg Sandhill Crane Reserve, the fields managed by the California Department of Fish and Wildlife (CDFW) regularly attract large numbers of Sandhill Cranes during the fall and winter. Several turnouts along Woodbridge Road allow the public to safely park for bird viewing. CDFW also offers fall, docentled tours of the Reserve.

#### **Staten Island Road**

Cranes and other migratory birds are attracted to the flooded crop lands on Staten Island Rd. Thousands of birds can be seen flying over Staten Island during the fall, winter, and spring. Visitors may drive or walk on the main road, which is Staten Island Road.





But birdwatching is not the only activity you can enjoy in District 5, which (in my possibly biased opinion) is home to some of the most treasured wild spaces in the whole county. From rolling oak woodlands to our vibrant wetlands and Delta waterways, these natural areas, such

as <u>Bufferlands</u>, designed to help reduce noise and odor from Sac Sewer facilities to <u>Deer Creek Hills Preserve</u>, which encompasses a working cattle ranch, are vital for wildlife habitat, recreation and environmental education.

Plus, these hidden natural gems are more than awesome spots for exploring the diverse ecosystems found in our county. These spaces help manage floodwaters, improve air and water quality and provide habitats for countless birds, pollinators, hawks, coyotes and other animals. I invite you to discover the beauty and the importance of Sacramento County's natural heritage. Get out there, rain or shine, and explore our natural treasures!

**Out & About in District 5** 









Enjoying the Asian Resources Inc. 45th annual Autumn Moon Dinner. Top left photo: ARI actor Khoa Pham, me, CiCl Chen and Linda Wang. Top right photo: standing with ARI Executive Director Rejie Marie Baloyos and ARI Director of Operations MaiBao Yang. Bottom left photo: with Natomas School Board Trustee Sumiti Mehta, Sacramento Mayor Pro-Tem Eric Guerra, and Misty Alafranji. Bottom right photo: Rejie, me, Sac Sheriff Sgt. Amar Gandhi and MaiBao.



Celebrating the beautiful Elk Grove Diwali Festival of Lights. Top right photo: me & Bobby Shah. Middle left photo: me, Lisa, Oscar O'Con and Monica Patel. Middle right photo: me, Lisa, Nirmaljit & Gurjantinder Randhawa and Bhavin & Shipti Parikh. Bottom right photo: Tina Lee Voigt, me, CSD President Angela Spease, Elk Grove Mayor Bobbi Singh-Allen, Jake Allen and Elk Grove Chamber of Commerce Board Chair Amy Labowitch.



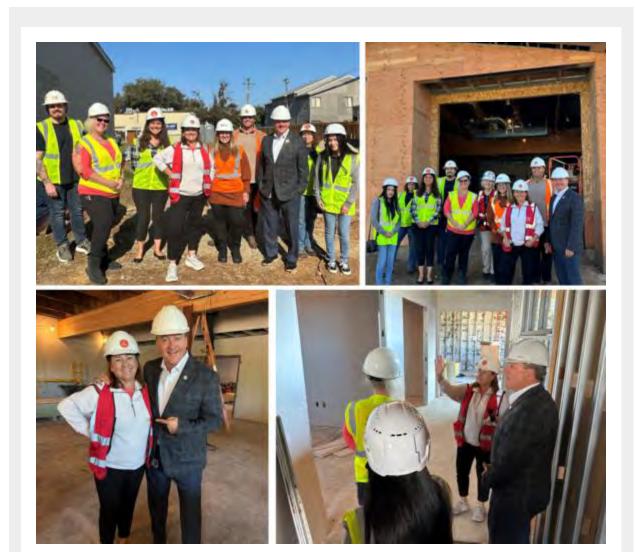
Enjoying the abundance of fall at the Galt Harvest Market. Top middle photo: local entrepreneur and owner of 4M Custom Hats, Mario Rubalcava and his mom. Bottom left photo: me and Sacramento Sheriff Sgt. Amar Gandhi.



11th annual Veteran's Golf Program tournament at Mather Golf Course. Top left: presenting Lt. Col. Joe Neff with a Sacramento County Veterans pin. Top right: sitting with some of the founding members of the program: Lt. Col. Joe Neff, Anne Andresen and Jesse Schuster. Bottom right: the winning foursome of the tournament.



Proud to sponsor and create a Peace Pole for the Rosemont Community Park butterfly garden. Top left photo: my special assistant, Ashleigh Kaufman, me, Rosemont Community Foundation Board Member Kathy Gee, Cordova Recreation & Park District (CRPD) Manager Patrick Larkin, and CRPD Board Members Michael Yearwood and Rick Sloan.



Touring the Rancho Cordova Food Locker Expansion Project that will soon become the new Community Food Hub. Bottom right photo: with Carrie Johnson, Executive Director of the Food Locker.

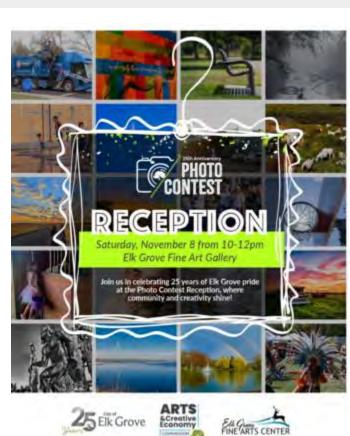


It was a great time celebrating Oktoberfest with the Elk Grove American Legion Post 233. Bottom right photo: local Elk Grove Boy Scouts troop coming out to support Post 233.



Always happy to be invited to speak at the Rotary Club of Walnut Grove. Top left photo: me, Barbara McGowan and my special assistant, Stephanie Kauss. Top right photo: me and Douglas Hsia. Bottom left photo: Gil Labrie, Les Lyman and me. Bottom right photo: sitting with Larry Gorham.

## **Upcoming Events**











## Tuesday, November 11, 2025 10 am - 2 pm 8820 Elk Grove Blvd, Elk Grove, CA 95624

## Celebrate & Honor America's Veterans

Join Cosumnes CSD and the Elk Grove American Legions as we celebrate America's Veterans with a ceremony, parade, and community picnic. The event will commence at 10 am with a ceremonial Reading of the Names to commemorate our community's service men and women. The parade will begin at 11:11 am at the Cosumnes CSD Administration Building and conclude at Elk Grove Park. After the parade, there will be a community picnic open to the public.





Community Meeting hosted by CA Assemblyman Josh Hoover

Wednesday, November 12 in Rancho Cordova

With special guests: Sacramento County Supervisors Rich Desmond and Pat Hume
6:00 to 7:00 PM

Neil Orchard Senior Activities Center
3480 Routier Road,
Sacramento, CA 95827





## YOU ARE INVITED



## **After-Hours Business Mixer**

and Food Drive

Join us for Elk Grove's best business networking opportunity! Enjoy compilmentary appetizers, beverages, and enter your business to win a door prize!

5:30-7:00pm | Nov 18th | 9888 Kent St

With the recent government shutdown cutting off SNAP benefits and Thanksgiving. approaching, many local families need our help. Join us for the Chamber's Networking Mixer, hosted by the Elk Grove Food Bank, and bring nonperishable food or a donation to support our community this season.

This special event offers a great opportunity to connect with local professionals while giving back. Your generosity will help ensure every family in Elk Grove can enjoy a warm meal this Thanksgiving.

## Hosted by:



## **Items Requested:**

Turkeys (frazen) Canned Gravy / Gravy Packets Canned Cranberry Sauce Boxed / Instant Mashed Potatoes Chicken Broth Muffin and Combread Mixes

Stuffing / Dressing Canned Vegetables Canned Fruit 5-ib Rags of Potatoes Macaroni & Cheese **Packages of Pasta** 

MONETARY DONATIONS ARE ALSO REQUESTED DURING THIS SEASON OF GIVING AND WILL BE USED TO PURCHASE ADDITIONAL ITEMS NEEDED







# Thanksgiving Morning JOIN US FOR A QUICK 5K!

When: 11/27/25 9:00 - KIDS 1/4 MILE FUN RUN 9:15 - 5K

Where: 8280 LONGLEAF DR ELK GROVE, CA Register Now!



Come on out and race for babies this Thanksgiving morning to support Chicks in Crisis and our mission to help families cross the finish line!

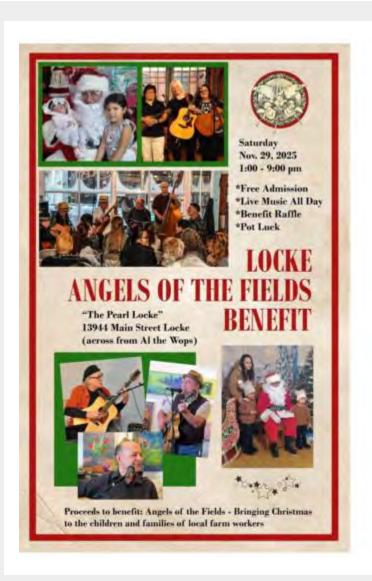
Bring the whole family and get a jumpstart on your holiday festivities by walking or running a quick 5k with the community!

All ages and abilities welcomed even (well-behaved) dogs and strollers!

All proceeds benefit Chicks in Origin

www.chicksincrisis.org NonProfit ID: 94-3371317

















## ATTENTION ROSEMONT/WESTERN **RANCHO CORDOVA**

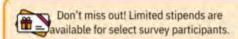
The Mobility Zone Project has turned community ideas into real project concepts. now it's time to decide which ones should move forward.





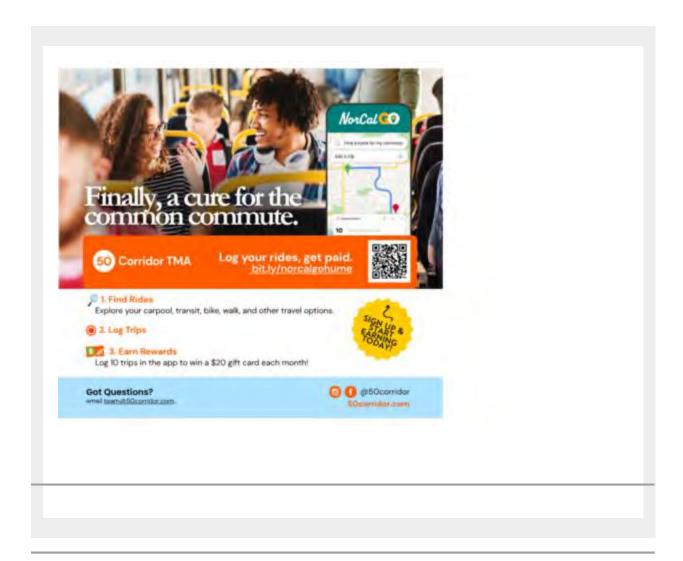
The Mobility Zones Project will advance at least one project in Sacramento County.

Take our survey and rate project ideas that make walking, biking, and transit better for everyone.





For questions or accommodations, please contact: Maribel Arizmendiz at maribel@sacact.org



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